

The Center for Creative Release

In collaboration with
Kinaesthetics, LLC

PRESENTS

“A Workshop on Lifts, Dips and Drops”

by

Dr. Caroline (Kay) Picart
2006 US Open Pro Am Champion in Cabaret
(a mix of ballroom, ballet, gymnastics)
2009 AIFF World Dance Competition Judge

With:

Rick and Cindy Pellin, 2009 USA Dance Inc. Amateur Champions
Jerry Rivera, Tom Stratton, Maurice Smith

May 30, 2009, Saturday

7-7:45 p.m.: Mini-bazaar, featuring Dance-Related Footwear, Clothing, Jewelry, Art, and others
(Possibly featuring Head Over Heels, Stone Age, Kinaesthetics, LLC, and more!)

7:45-8:45 p.m.: Basic and Intermediate Lifts, Dips & Drops

8:45-9:00 p.m.: Intermission and Demonstration

9:00-10:00 p.m.: Advanced Lifts, Dips & Drops

Partners are ideal, but not required.

Limited space, so it is best to book ahead.

221 East Third Avenue, Tallahassee, FL 32303

Prices:

Entrance and one workshop: RSVP: \$15; Door: \$20

Entrance and two workshops: RSVP: \$30; Door: \$40

For more information or to book a space, call: (850) 559 1636 or (850) 459 0066

email: kinaestheticsllc@gmail.com



Biography:

Dr. Caroline (Kay) Picart, choreographer and DanceSport athlete, is a philosopher and former molecular embryologist educated in the Philippines, England, and the U.S.. After 21 years as a professor, teaching across the Philippines, South Korea and various parts of the U.S. (and authoring 13 scholarly books), she resigned in 2008, en route to law school; she begins law school with the University of Florida in Fall, 2009. She began her own dance and art company, Kinaesthetics, LLC (<http://www.kinaestheticssportasart.com>) in 2005. From 2002-2008, Dr. Picart scripted, directed and performed in FSU 4 TV's "Global Gatherings," a TV show that spotlighted dance and culture. In 2009, she became an invited judge to the Azalea International Folk Fair's World Folk Dance Competition, Georgia's official international festival. Her most recent business venture was a radio show (<http://www.drpicart.com>), which in 9 months, was picked up by 56 national/international affiliates.

Dr. Picart has been trained as a ballet dancer for 16 years, and has training in Philippine and Korean folk dance, as well as Hawaiian dancing, and has been involved with ballroom, as a competitor and performer since 1991, across England, South Korea and various parts of the U.S. She has won numerous gold, silver and bronze level awards in Arthur Murray and Fred Astaire competitions and has trained with world and national champions like Vivienne Ramsey, Hanna Kartunnen and Victor da Silva, Eric Luna and Georgia Ambarian, Shirley Johnson, Bruno Collins, and Michael Chapman. In 2005, after winning second nationally with her first professional partner, barely three months after she started training in cabaret, she won second place in the US Open with world champion, Eric Luna. In 2006, after being consistently ranked second nationally, for two years, with three different professional partners, Dr. Picart won the 2006 US Open Pro Am Cabaret Championship—a division of DanceSport that combines ballroom, ballet and gymnastics. Her dance partners include Jerry Rivera, Maurice Smith and Tom Stratton, and among her clients are Rick and Cindy Pellin, who recently won the 2009 USA Dance Incorporated (Amateur) National Competition.

For more information on Dr. Picart:

<http://www.carolinekaypicart.com/>

<http://www.kinaestheticssportasart.com/>

<http://www.drpicart.com/a/>

For more information on the Center for Creative Release:

<http://www.thecenterforcreativerelease.com/>

